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Message From The President

Dear SCSC Members,

I would like to extend a warm welcome to new members and a welcome back to those that are returning. I know that we are all looking forward to a warm and sunny summer with lots of relaxing and fun-filled time spent at the swim club. We are in the process of the opening procedures, to make sure that everyone will have a safe and enjoyable time at the pool. Having said that please read and share the pool rules (on our website) with your family. The board of directors reviews these rules annually with the input of our pool management company, DRD Pools, to make sure that we are as safe and risk free as possible without limiting the member's fun experience at the pool.

PLEASE NOTE RULE CHANGES

- **This year, at the guards' discretion, ANY swimmer may be asked to pass a standard swim test in order to swim in the deep well.**
- **Only Coast Guard approved flotation devices will be allowed in all Pools (this excludes "water wings," swim rings, anything without Coast Guard seal of approval).**
- For complete details, please check the pool rules just prior to the opening of the Pool.

Now on to the fun news: It is our 25th year in existence! Our activities director is planning some wonderful events to commemorate the anniversary. Plans include elementary, middle school, and adult nights, along with a spectacular July 4th party. As always we will be looking for the support, in attendance and volunteerism from you. The Johanna M. Nicolay Foundation Triathlon will be held at our club again this spring. This is a regionally known event and a wonderful opportunity to give back to the community and showcase our beautiful club. Please give of your time if you have some to spare on Father's day, June 17th. FYI: did you know that you, as a member, are a 1/600th owner in the South Carroll Swim Club? All of us have a responsibility to maintain, respect and most of all enjoy our club. Bring on the warm weather!

Respectfully Yours,

Tally Johnstone
President, South Carroll Swim Club



Secretary's Message

Please continue to help us cut costs by checking in at our beautiful web page at www.southcarrollclub.com. The latest news will be found there along with copies of the Pool Rules and the updated bylaw changes that were voted on in March. In order to have a safe summer everyone should read these documents for changes at least once before the season.

We are looking forward to another year working with DRD as our pool management company and have a full schedule of events to be enjoyed this year. The Board of Directors are busy adding lighting to the lower pavilion, purchasing replacement lighting for the upper pavilion, adding more umbrellas, replacing audio equipment, removing old fencing, adding an improved street sign, and a host of other items to be enjoyed by everyone this season.

Judi Van Parys — Secretary, Board of Directors



Activities Director's Message

Welcome to another exciting summer at SCSC! We have added some new activities to the calendar, hopefully to add a little more fun for the adults! In addition to Sunday Grill Nights, Friday evenings will be set aside for Volleyball Tournaments, Races and Diving. Check the calendar for dates and times!

The club will be holding special activity nights again this year. These events are open to everyone, so bring a friend or two! Remember, the pool closes early on these dates, mark your calendars and plan accordingly! The schedule is:

Elementary School Night	Wednesday, June 20 – 6 to 9
Adult Night	Friday, July 13 – 7 to Midnight
Middle School Night	Wednesday, July 18 – 7 to 10
Elementary School Night	Wednesday, August 8 – 6 to 9

Our July 4th Celebration will take place from 12-4, we will be offering hot dog meals, drinks and snacks for sale. Lots of fun activities will be planned by the guards. The club does get crowded; you may want to bring your own chairs!

On Sunday Grill Nights, the Club will provide the grills and charcoal; you need to bring your own food and utensils. The guards will light the grills at 6:00 p.m. There will be **NO** pavilion rentals for Sunday evenings in the Upper Pavilion.

Reservations for the pavilions should be arranged ahead of time through the guard office. Be prepared to provide your name, date and time of event, and number of guests expected. To

reserve a pavilion before the pool opens, e-mail me at activities@southcarrollclub.com. Reservation Forms may be found at www.southcarrollclub.com under Rules and Bylaws. Pavilion rental times are 12-4 & 4:30-8:30 in both the upper and lower pavilions (which will have electricity this year). They do fill fast, so schedule early!

SCSC and the Serpent Swim Team will again sponsor a triathlon to raise funds for the Johanna M. Nicolay Melanoma Foundation. The event will be held at the Club on Father's Day, June 17th. You can find more information at www.southcarrollclub.com under the Tri-to-Win link.

Michelle Mortillaro, Activities Director, SCSC Board of Directors



Membership News

Welcome to another season at SCSC! While the weather was chilly, I was able to welcome many new families to our pool. Even as you read this, more members will become part of the SCSC family.

A few reminders: Please make sure that we have a recent picture of your family for our check in system. This enables the guards to distinguish members from non-members. You may submit a group photo, individual photos or a combination of the two as long as all family members are represented. The photo(s) may be mailed to our P.O. Box or emailed to membership@southcarrollclub.com. This is an important part of our membership records and cooperation from all members is greatly appreciated.

Also, if any of your contact information (address, email, phone number, etc.) changes, please update it online. Go to www.southcarrollclub.com, click on the Membership tab, and click on Update Member Info. This ensures that we have a record of the change.

Finally, please encourage your friends to spend a day as your Guest and enjoy our beautiful facility. Guests who are interested in club membership may pick up an informational flyer at the guard office. You, the current members, are our best publicity for SCSC!

Here's to a sunny, fun-filled summer! See you at the pool!

Mary Ellis, Membership Director, SCSC Board of Directors



Technology Update

Once tax season is over and your dues are paid, you'll be thinking about Summer and the Pool. When questions come to mind, the best place for answers is www.southcarrollclub.com. On the site, you can dip into everything you need to know about the Club: updated news, meeting minutes, current budget, information on activities, swim lessons, swim team, and clubroom rentals.

The Frequently Asked Questions area is updated as common questions arise, so be sure to check it out. The News and Calendar areas will clue you in to date-specific happenings. In the Membership area, you can get general membership info and submit online updates to your information. For any questions, there are links to email members of our Board of Directors.

The SCSC Clubroom, available for rental to both members and nonmembers, has its own web address: clubroom.southcarrollclub.com, with an extensive FAQ about the room. Please direct anyone looking for a great event location to check out our Clubroom, online or in person. You may check rental availability with the interactive calendar and request rental dates by email.

We continue to look at ways to further improve communications and reduce costs, and visiting the website for information is a good start. Remember to make use of online voting in the Fall (when we elect Board Members) and Winter (for budget approvals). We send a postcard to all members with online voting information around November and February; it's a good idea to check the website periodically to see what's going on off-season. We will continue to use secure mass emailing for newsletters, updates, and reminders. Supply us with an accurate email address, and we can save copying and mailing costs to our 600 member families. If you have not yet opted in for receiving e-news, please email membership@southcarrollclub.com to get on the list.

If you are new to the pool and have any questions about the site, feel free to contact me at webmaster@southcarrollclub.com. Enjoy the summer!

Mollie R. McCormick, Technology

Swim Team News

APRIL 21, 2007

VOLUME 1, NUMBER 1

Team Reps

2007

Paula Regan

regan6426@comcast.net

Colleen Gallagher

diering@aol.com

Treasurer/Rep

Terry Zetlmeisl

zetlmeislz@aol.com

Registration Dates

Tuesday, May 1st

7pm-8:30pm

Clubhouse

Tuesday, May 29th

5 pm- 7pm

Pool Pavilion

Fees

\$65 1st swimmer

\$60 2nd swimmer

\$55 3rd + swimmer



Welcome to Serpent Swimming 2007

<http://eteamz.active.com/southcarrollserpents/>

To our new swim team families – welcome aboard, and to our returning families – welcome back. We look forward to another exciting, busy and fun-filled swim season.

REGISTRATION There will be 2 registrations this year for swim team. The first registration will be in the Clubhouse on Tuesday May 1st from 7 pm to 8:30 pm. The second registration will be at the pool pavilion on Tuesday May 29th from 5:00 to 7:00 pm. Fees are as follows: \$65 for first swimmer, \$60 for second swimmer and \$55 for third and up swimmers. The fees include the \$12 non-refundable AAU fees. This is the only notice for registration – so spread the word!

TEAM REPS Paula Regan and Colleen Gallagher will be our Reps this year and Terry Zetlmeisl will be Treasurer/Rep.

COACHES We are pleased that our head coach Kim Easterday will be back for another year as well as coach Meghan Strahle. Erin Popa and Shannon Cassatt will assist with the morning practices

NO EVENING PRACTICE - After evaluating resources and attendance, we have decided not to offer evening practices this year.

SWIM SUITS At the end of last season, the Team Reps took a poll to determine whether the new green Serpent Suits were working, or if the team wanted to return to black and gold. And the winner is... black and gold. The Team Reps are busy trying to arrange for a new suit to carry us for the next few years. (Most suits are made for 2 years use). There were many sizing and chafing issues with the old suits that warranted looking into another style. Information on the team suits will be available at the first registration. To have your suits for the first meet, please try to make the first registration.

TRIATHLON FUNDRAISER We are very happy that the 5th Annual Tri-to-Win sprint triathlon will be held at the Club this June 17th. The event will again be run by the Joanna M. Nicolay Melanoma Foundation, established by one of our former swim team families in memory of their loved one lost to melanoma. If you haven't been involved in the Triathlon before, we encourage you to get involved this year. It is a high quality event that attracts athletes from all over the region to the beautiful surroundings of Carroll County and our Club.

As it is our only fundraiser for the team, as well as for the JMN Melanoma Foundation, we are making it *mandatory* to participate in some capacity. If you cannot be present on the day of the race, we are asking for food, beverage or other donations. Keep in mind, that the minimum requirement is one job or contribution per family, so if you have a middle school aged child or older, they can choose one of the jobs geared for students to fulfill the family requirement. This information will be present at the Volunteer signup table.

VOLUNTEER JOBS As experienced families know, it takes a major effort by the parents to run a swim meet. If

everyone does their part, this shouldn't be an issue with a team as large as ours. We require each family to do at least four jobs at the home or dual meets. This is in addition to the Triathlon. You can choose the jobs and dates which suit you, but you must do four home or dual meet jobs. *plus* the Triathlon.

Note: we have several optional meets (Carroll County Invitational, Novice Meets). If your child participates in an optional meet and you work at them, such meets do *not* count towards the required four dual-meet jobs.

SUMMER WARM-UPS: Several local Clubs and year round swim teams offer programs to get kids back into their "summer swimming" shape. These programs encourage the kids not to feel like a fish out of water come summer. Some programs to consider are:

Summer League Warm-up

Hosted by: The Green Terror Aquatic Club

Where: McDaniel College

When: April 15, 22, and 29, May 6, 20, and 27

What Time: 5:00-6:00pm

Cost: \$75.00

Contact: Jeff Hiestand 410-386-4616 or
coach_jeff@hotmail.com

The Green Terror Aquatic Club is hosting a six-session warm-up for swimmers with summer league and/or minimal year-round experience. The focus of the clinic will include instruction of all four competitive strokes, starts and turns, as well as some basic training.

Sharks Swim School

Hosted By: Carroll Aquatics Tiger Sharks (CATS)

Where: Four Seasons Sports Complex

When: Tues/Thurs April 10th-May 24th

Time: 5:30-6:30 pm

Cost: \$120 non-member (discounts for multiple children)

South Carroll Swim Club

Spring Newsletter 2007

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April 2007

Sharks Swim School Stroke and Turn Clinics

When: Session 1 Sundays April 15th-May 20th; 4 – 4:30

Session 2 same dates 4:35- 5:05 pm

Cost: \$75 non-member

Contact BetsyK@qis.net www.carrollaquatics.com/aboutus

Other clubs such as the YMCA may offer programs as well.

May

2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26 POOL OPENS! 12pm-9pm
27 12pm-9pm	28 3pm-8pm	29 3pm-8pm	30 3pm-8pm	31 3pm-8pm		

June

2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	HOURS: 12-9pm	*When Public school is in session: 3- 8pm M-TH			1	2
3 GRILL NIGHT 5-9					8 RACES 6-9	9
10 GRILL NIGHT 5-9					15 VOLLEYBALL TOURNAMENT 6-9	16
17 GRILL NIGHT 5-9	18	19	20 ELEMENTARY NIGHT 6-9 <i>Closing 5:30</i>	21	22 DIVING 6-9	23
24 GRILL NIGHT 5-9	25	26	27	28	29 VOLLEYBALL TOURNAMENT 6-9	30

July

2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 GRILL NIGHT 5-9	2	3	4 July 4th CELEBRATION 12-4	5	6 ADULT RACES 6-9	7
8 GRILL NIGHT 5-9	9	10	11	12	13 ADULT NIGHT 7-MIDNIGHT Closing 6pm	14
15 GRILL NIGHT 5-9	16	17	18 MIDDLE SCHOOL NIGHT 7-10 Closing 6pm	19	20 DIVING 6-9	21
22 GRILL NIGHT 5-9	23	24	25	26	27 VOLLEYBALL TOURNAMENT 6-9	28
29 GRILL NIGHT 5-9	30	31		HOURS: M-F 12-9pm Sat 12-10pm Sun 12-9pm		

August/September

2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 DIVING 6-9	4
5 GRILL NIGHT 5-9	6	7	8 ELEMENTARY NIGHT 6-9	9	10 VOLLEYBALL TOURNAMEN T 6-9	11
12 GRILL NIGHT 5-9	13	14	15	16	17 RACES 6-9	18
19 GRILL NIGHT 5-9	20	21	22	23	24	25
26 GRILL NIGHT 5-9	27	28	29	30	31	Sept. 1
2	3 POOL CLOSES			HOURS: M-F 12-9pm Sat 12-10pm Sun 12-9pm	*When Public school is in session: 3- 8pm M-TH	